

Safety Series with David Ponzini

1. Introduction

David Ponzini began his career working in insurance in New York City. After 9/11, he began his career as a NYPD police officer. David joined Landis Communities in July 2025 after spending several years on the safety team at Brethren Village.

2. Plan ahead

- Know your route before leaving the apartment
- Watch the news for updates that may affect your route
- Tell friends/family where you are going and your anticipated return times
- Make sure your phone is with you and charged before leaving

3. Know your surroundings (awareness)

- Pack light
- Know your location and memorize landmarks along your route (if you need medical assistance, you can easily tell EMS where you are at)
- Watch for hazards along your walk (potholes, ice, roots pushing up the concrete)
- Look at your surroundings before exiting buildings
- Avoid confrontations along your route (move to the other side of the sidewalk/street)
- Ignore strangers

4. Management of personal belongings

- Don't wear or keep personal items out and visible while walking (jewelry, phones, keys)
- Wear over the shoulder purses

- Keep purses closed

5. Traffic safety (pedestrian and vehicle)

- Share experiences with friends and family (roads to avoid)
- Double check before crossing the streets
- Wait 3-5 seconds before crossing at a crosswalk
- Remember that most drivers are distracted (maps, phones, etc)
- Don't rush
- Follow the rules of the road
- Make eye contact with drivers
- Ignore upset/impatient drivers
- Walk against traffic

6. Public interactions on the street

- Avoid public interactions with strangers
- Maintain a safe walking distance from the road
- Walk with a large crowd
- Walk with confidence

7. Nighttime safety

- Wear reflective clothing and carry a light
- Avoid interactions at night
- Walk a well-lit route

8. Emergency preparedness

- Know safe locations on your routes (stores, banks, places you can easily enter in the event of an emergency)

9. Keeping building secure

- Don't let strangers piggyback in the building behind you. Let them know to use the call box
- Answer the phone on the call box and speak with them before unlocking the front door

10. Questions?

- 24/7 Landis safety phone number is 717-569-3271
- David Ponzini phone number is 717-381-3578
- RFID cards for wallets are a great option to avoid card information from being scanned while out in public